

Total Cheerleading (camp) — This exciting camp teaches the essential skills to lead the crowd and support the home team all while practicing cheer safety! Each camper learns cheers, proper hand movements, body movements, and jumping techniques while having fun! In addition, camp addresses leadership skills, self-motivation techniques, goal setting, time management, and other important life skills.

Sign up today to get ready for SSA Cheerleading Season!

Child reports to gym entrance	Date	Grade	Camp Time	Price *cash is not accepted*
Wednesdays at Homestead	Sep 20, 27 Oct 4, 11, 18	K-5	3:00pm — 4:15pm	\$17.80 a week for 5 weeks = \$89 (multi camp discounts available)

SSA Cheerleading Squad — Children are divided into squads where before each game they learn basic skills and cheers. After a 30 minute practice, children cheer throughout the game with a highlight performance at halftime. The SSA Program stresses cheer safety, a healthy body and mind, and fun!! Uniforms included. Grades K-5.

Sign up today!

Child reports to gym entrance	Date	Grade	Saturday Games Scheduled Between	Price *cash is not accepted*
Saturdays at Killian Middle School 2561 FM 544 Lewisville TX 75056	Oct 14, 21, 28 Nov 4, 11, 18	K-5	8:00am — 12:00pm	\$24.83 a week for 6 weeks = \$149 (multi camp discounts available)

www.SSAprogram.com

(214) 495-1234

Camp registration ends at 8pm the night before camp begins. League registration ends the Saturday before opening day.

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